

Counseling Psychology

Overview Tab

The Counseling Psychology program offers 4 degrees: M.Ed. (and certification) in School Counseling (50 credits); M.Ed. in Mental Health Counseling - on campus and on-line tracks (60 credits); M.Ed. in International School Counseling (48 credits); and Ph.D. in Counseling Psychology. The program also offers a Lehigh graduate certificate in International School Counseling, College Admissions Counseling Certificate and Certificate, Mental Health & Education of Latin American People in the U.S.

The M.Ed. in School Counseling is approved for certification (pre-K-12) by the Pennsylvania Department of Education (PDE); the M.Ed. program in Mental Health Counseling is accredited by the Master's in Psychology and Counseling Accreditation Council (MPCAC), and the Ph.D. program is accredited by the American Psychological Association (APA).

Our counseling psychology programs (Ph.D. and M.Ed. in Mental Health Counseling) adhere to *The Benchmark Competencies for Professional Psychology* (Campbell, Fouad, Grus, Hatcher, Leahy, & McCutcheon, 2013). The M.Ed. program in School Counseling and International School Counseling adheres to the PDE competencies for pre-K-12 School Counselors.

Counseling Psychology prepares students as competent and effective scientist-practitioners who demonstrate and strive for self-awareness, knowledge, and skills, undergirded by an attentiveness and responsiveness to multiculturalism and social justice.

Students who complete the M.Ed. in School or International School Counseling typically seek positions in public, private, and international educational settings as school counselors. Students who complete the M.Ed. in Mental Health Counseling seek a variety of positions, including community and agency counseling, independent practice, doctoral-level work, business and industry, and they often seek licensure as a Licensed Professional Counselor (LPC). Students completing the Ph.D. in Counseling Psychology typically seek positions as professional psychologists in hospitals and mental health centers, university counseling centers, independent practice, government positions (for example, Veterans Administration, public health) or as university professors.

Students and faculty are active in local communities, doing research in gender-based violence, mitigation of health disparities by increasing access to culturally-responsive behavioral health care, health and functioning of older adults, implementation and outcomes associated with building a race-centered trauma-responsive school, and NIH-funded research on attachment-based interventions for racially and ethnically diverse families with young children. maternal attachment and emotional regulation, and NIH-funded projects on Latino health behaviors, and with inner city adolescents in the Lehigh Valley. The Counseling Psychology program also runs a summer institute on international counseling and conducts training of counselors globally. In addition, the Community Voices Clinic (CVC) (<https://ed.lehigh.edu/research/cvc/>) is a school-based integrated mental health clinic, located at Broughal Middle and Donegan Elementary Schools, that provides mental health services to uninsured and underinsured families and communities in Southside Bethlehem. Many of our students co-publish and co-present nationally with faculty members.

For additional information about the program, please visit:

<https://ed.lehigh.edu/academics/counseling>

Questions regarding APA Accreditation may be addressed to the APA Office of Accreditation at:

Office of Program Consultation and Accreditation
750 First St, NE, Washington, DC 20002-4242
Telephone: (202) 336-5979 TDD/TTY: (202) 336-6123 Fax: (202) 336-5978

Email (apaaccred@apa.org) (General Questions)
(apaaccred@apa.org)

Email (aro@apa.org) (Annual Report Online only)

Doctor of Philosophy in Counseling Psychology

Currently, the doctoral program requires a total of 99 credits, which are composed of 30 master's level credits plus 69 doctoral level credits. A student who enters the counseling psychology doctoral program already holding a master's degree, regardless of where the degree was obtained, may be exempted by her or his advisor from taking up to a total of the 30 credits of required master's level coursework, with the exemption granted based on a review of the student's transcript and/or course syllabi to ensure that the course or courses were of similar content to the course offered by Lehigh. These exempted credits do count toward the total needed for the doctoral degree (currently 99), but will not appear on the student's Lehigh transcript. After conferring with their advisor, the student will complete an internal petition to have these credits exempted, and this petition must be approved by the program director.

Required Master's Level Coursework

| | | |
|----------|--|---|
| EDUC 403 | Research | 3 |
| EDUC 408 | Introduction to Statistics | 3 |
| CPSY 427 | Assessment and Appraisal in Counseling | 3 |
| CPSY 439 | Theory and Practice of Group Counseling | 3 |
| CPSY 440 | Introduction to Family Counseling | 3 |
| CPSY 442 | Counseling and Therapeutic Approaches | 3 |
| CPSY 430 | Professional Seminar | 3 |
| CPSY 451 | Helping Skills | 3 |
| CPSY 455 | Advanced Techniques in Counseling | 3 |
| EDUC 471 | Diversity and Multicultural Perspectives | 3 |

Doctoral Coursework *

General Psychology Core

| | | |
|--|---------------------------------------|---|
| (3) Biological Bases of Behavior (e.g., physiological psychology, comparative psychology, neuropsychology, sensation, psychopharmacology) | | |
| BIOS 404 | Behavioral Neuroscience | 3 |
| or EDUC 491 | Advanced Seminars: (with subtitle) | |
| (3) Cognitive-Affective Bases of Behavior (e.g., learning, memory, perception, cognition, thinking, motivation, emotion) | | |
| EDUC 451 | Cognition and Emotion | 3 |
| (3) Social Bases of Behavior (e.g., social psychology; cultural, ethnic and group processes; sex roles; organizational systems and theory) | | |
| EDUC 473 | Social Basis of Human Behavior | 3 |
| (3) Individual Behavior (e.g., personality theory, human development, individual differences, abnormal psychology) | | |
| CPSY 472 | Human Development Across the Lifespan | 3 |
| (3) History and Systems of Psychology | | |
| CPSY 484 | History and Systems of Psychology | 3 |

(12) Counseling Psychology Core

| | | |
|----------|---|---|
| CPSY 460 | Foundations of Counseling Psychology | 3 |
| CPSY 436 | Culture-Centered Career Intervention | 3 |
| CPSY 473 | Advanced Research Methods in Applied Psychology | 3 |
| CPSY 481 | Advanced Multicultural Counseling | 3 |

(6) Assessment Core

| | | |
|-------------|--|---|
| EDUC 412 | Advanced Applications of Psychometric Principles | 3 |
| CPSY 461 | Assessment of Adult Intellectual Functioning | 3 |
| or SCHP 422 | Assessment of Cognition and Achievement | |
| CPSY 462 | Assessment of Personality | 3 |

| | | |
|--|--|---------------|
| CPSY 466 | Current Issues in Counseling and Therapy (Projective Techniques - Optional) | |
| (3) Advanced Applications in Counseling | | |
| CPSY 476 | Supervision and Consultation in Counseling | 1-6 |
| (3) Advanced Seminar | | |
| CPSY 466 | Current Issues in Counseling and Therapy | 3 |
| or CPSY 467 | Doctoral Seminar In Counseling Psychology | |
| (5) Apprenticeship | | |
| CPSY 482 | Practicum in University Teaching: Counseling Psychology | 1-4 |
| CPSY 470 | Independent Study and Research (Research Apprenticeship) | 1 |
| CPSY 477 | Supervision Apprenticeship | 3 |
| (6) Research Methods | | |
| EDUC 410 | Univariate Statistical Models | 3 |
| EDUC 411 | Multivariate Statistical Models | 3 |
| (9) Practicum | | |
| CPSY 487 | Advanced Doctoral Practicum I | 3 |
| CPSY 488 | Advanced Doctoral Practicum II | 3 |
| CPSY 489 | Advanced Doctoral Practicum III | 1 |
| CPSY 491 | Advanced Doctoral Practicum IV | 1 |
| CPSY 492 | Advanced Field Placement (if not taken as part of master's [course can be repeated]) | 1 |
| (2) Internship | | |
| CPSY 498 | Counseling Psychology Doctoral Internship (2 semesters full-time, or four semesters half-time) | 2 |
| (1) Qualifying Project ¹ | | |
| EDUC 486 | Doctoral Qualifying Research Project | 1 |
| (at least 4) Dissertation ² | | |
| CPSY 499 | Dissertation (Note credit requirement explained in dissertation section) | 4 |
| Total Credits | | 97-105 |

*

After the student has completed the first 15 hours of graduate work, the student is specifically reviewed for full admission. This review is completed during the annual review process for any student who has completed 15 hours. The student's coursework and performance and progress in the doctoral program are reviewed by the faculty. Any questions about the student's progress and plans are raised and discussed, and a vote is then taken to admit the student. The College of Education then writes a letter of admittance to the student specifying the time line for completion of all degree requirements. Students entering with a bachelor's degree have 10 years to complete all degree requirements. Students entering with a master's degree have 7 years to complete all degree requirements

1

The purpose of the doctoral qualifying research project is to demonstrate research competence and to lay the groundwork for the student's dissertation. **The doctoral qualifying project must be completed before application for the pre-doctoral internship can be approved.** The project is research undertaken by the student in consultation with the research advisor and is presented in two forms:

1. **A written manuscript in APA (6th edition) format in a condition suitable for submission in a professional journal** (with one variance; see below). Acceptance for publication is not required to meet this requirement, but it is expected that research projects will be submitted for publication in a timely fashion following completion.
2. **Presentation of the project at a public colloquium.**

2

Prior to, and including the semester in which a proposal is approved, students must register for 3 dissertation credits each fall and spring semester. Similarly, for the semester(s) following the approval of the dissertation proposal, students must take 1 maintenance of candidacy credit up until, and including, the semester in which the dissertation is defended. The only exception to this policy is during the time the student is on internship, **during which only internship credits need to be taken.** The matter of taking these dissertation credits should be taken seriously. Students who do not follow this procedure, and take fewer credits than required, will find that they will not be able to graduate until back-credits are paid for.

Master of Education in Mental Health Counseling

This professional preparation program reflects competencies required by regulations governing licensure as a Licensed Professional Counselor (LPC) in Pennsylvania. The M.Ed. program is designed to provide the basic coursework as well as the specialized counseling "common core" coursework and practical experience and professional concentration for licensure as a Licensed Professional Counselor in the Commonwealth of Pennsylvania; the experiences may also serve as preparation for further graduate study (i.e., doctoral study [see Ph.D. program manual]).

Shared Core Courses

| | | |
|----------|--|---|
| CPSY 427 | Assessment and Appraisal in Counseling | 3 |
| CPSY 436 | Culture-Centered Career Intervention | 3 |
| CPSY 442 | Counseling and Therapeutic Approaches | 3 |
| CPSY 451 | Helping Skills | 3 |
| EDUC 471 | Diversity and Multicultural Perspectives | 3 |
| CPSY 472 | Human Development Across the Lifespan | 3 |
| EDUC 403 | Research | 3 |

Mental Health Counseling Track

| | | |
|----------|---|---|
| CPSY 430 | Professional Seminar | 3 |
| CPSY 439 | Theory and Practice of Group Counseling | 3 |
| CPSY 440 | Introduction to Family Counseling | 3 |
| CPSY 455 | Advanced Techniques in Counseling | 3 |
| CPSY 468 | Trauma and Loss | 3 |
| EDUC 408 | Introduction to Statistics | 3 |

Clinical Training

| | | |
|----------|-------------------------------|---|
| CPSY 479 | Master's Counseling Practicum | 3 |
| CPSY 480 | Master's Internship I | 3 |
| CPSY 483 | Master's Internship II | 3 |

Specialty

12

At least one advisor approved 3 credit elective from each of three areas (9)

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|---|
| Biological and Neuropsychological bases of behavior (3) |
| Social Justice and Diversity (3) |
| Abnormal Behavior and Psychopathology (3) |

Three additional credits of advisor approved electives (3) ¹

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|----------------------|-----------|
| Total Credits | 60 |
|----------------------|-----------|

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CPsy 466: Current Issues in Counseling and Therapy is an option for electives

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Total Credits for Program are 60, consistent with MPCAC Accreditation recommendations and PA Licensure Standard.

Master of Education in International SCHOOL Counseling

The Master's program in International School Counseling is designed to prepare professional school counselors for practice in International School settings. This program provides students

with an understanding of the counselor's role within the context of a global third culture community in overseas schools and communities. Coursework addresses fundamental competencies needed to work in schools. The International School Counseling program is developmental/contextual in nature and presumes that school counselors must work in an increasingly diverse cultural and economic environment, and that school counselors in International School settings must understand and be prepared to adapt to changing societal conditions and demands placed upon Third Culture Kids.

Summer Institute I - Summer Session I [^]

| | | |
|----------|--|---|
| CPSY 452 | Helping Skills in International Settings ⁺ | 3 |
| CPSY 453 | International School Counseling I ⁺ | 3 |
| CPSY 456 | International School Counseling II: Trauma & Resilience in Schools | 3 |

Year I

Fall Semester

| | | |
|----------|---|---|
| CPSY 436 | Culture-Centered Career Intervention (online) | 3 |
| CPSY 457 | International School Counseling III: Issues & Practicum | 3 |

January Intersession

| | | |
|----------|---------------------------------------|---|
| CPSY 472 | Human Development Across the Lifespan | 3 |
|----------|---------------------------------------|---|

Spring Semester

| | | |
|----------|---|---|
| CPSY 442 | Counseling and Therapeutic Approaches (online) | 3 |
| SPED 332 | Introduction to Inclusion and Exceptional Education | 3 |

Summer Institute II - Summer Session II [^]

| | | |
|----------|--|---|
| EDUC 471 | Diversity and Multicultural Perspectives | 3 |
| CPSY 430 | Professional Seminar [*] | 3 |
| CPSY 438 | School-Based Small-Group Counseling | 3 |

Year 2

Fall Semester

| | | |
|----------|---|---|
| CPSY 480 | Master's Internship I (online) | 3 |
| SPED 465 | Advanced Inclusionary Practices in K-12 | 3 |

January Intersession

| | | |
|----------|----------|---|
| EDUC 403 | Research | 3 |
|----------|----------|---|

Spring Semester

| | | |
|----------|--|---|
| CPSY 483 | Master's Internship II (online) | 3 |
| CPSY 427 | Assessment and Appraisal in Counseling | 3 |

Total Credits **48**

Electronic Portfolio Completion Form Signed Off

Technology Requirement (An Electronic Portfolio submission is required), complete online registration each semester, receive orientation from LTS staff on use of the portal, use Course Site for at least one course, and take at least one Information Resources Mini Course as well as participate in the LU CP Listserv.

NOTE: Ten of the above courses will be offered online. Online courses may be offered in a variety of formats, including synchronous (i.e., everyone online at the same time), asynchronous (i.e., each student goes online at different times based on his/her schedule), or a combination of these formats.

[^]

In Bethlehem or International Location

⁺

All courses must be completed with a grade of B or better prior to the internship application being submitted.

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Prerequisites for Master's Internship I & II

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SPED 332 is a prerequisite for CPSY 438: Small-group school-based counseling and SPED 465

MASTER OF EDUCATION IN SCHOOL COUNSELING & PENNSYLVANIA STATE CERTIFICATION

The curricula and PDE standards for our school counseling program are detailed in this section.

M.Ed. in School Counseling Curriculum

Shared Core Courses (21 cr.)

| | | |
|----------|---|---|
| CPSY 427 | Assessment and Appraisal in Counseling | 3 |
| CPSY 436 | Culture-Centered Career Intervention | 3 |
| CPSY 442 | Counseling and Therapeutic Approaches (*) | 3 |
| CPSY 472 | Human Development Across the Lifespan | 3 |
| EDUC 471 | Diversity and Multicultural Perspectives | 3 |
| EDUC 403 | Research (***) | 3 |
| CPSY 451 | Helping Skills (*) | 3 |

School Counseling Track (17 cr.)

| | | |
|----------|---|---|
| CPSY 445 | School Counseling I (*) | 4 |
| CPSY 448 | School Counseling II (*) | 3 |
| CPSY 449 | School Counseling III (*) | 4 |
| SPED 332 | Introduction to Inclusion and Exceptional Education | 3 |
| SPED 465 | Advanced Inclusionary Practices in K-12 (****) | 3 |

Clinical Training (9 cr.)

| | | |
|----------|-------------------------------|---|
| CPSY 479 | Master's Counseling Practicum | 3 |
| CPSY 480 | Master's Internship I | 3 |
| CPSY 483 | Master's Internship II | 3 |

Specialty and Technology Requirement

1 Advisor Approved Elective 3

Electronic Portfolio Completion Form Signed Off

Technology Requirement (An Electronic Portfolio is required, student must post it to Web space), complete online registration each semester, receive orientation from LTS staff on use of the portal, use Course Site for at least one course as well as participate in the LU CP Listserv)

NOTE: Students seeking LPC status should also register for CPSY 439 and CPSY 430 as two of their additional courses for licensure beyond the 48 credits required for the degree.

* This course must be taken and passed with a grade of B or better before student can start the internship sequence.

** This course must be taken and passed with a grade of B or better and satisfactory levels of counseling-related and professional competencies before the student can take CPSY 483. *** EDUC 403 and EDUC471 are generally offered every semester and in the summer. EDUC 471 must be taken before CPSY 483 and must be passed with a B or better. **** SPED465 must be taken in a fall semester (other semester offerings are limited to SPED students). Note that SPED332 is a prerequisite course to SPED465.

Total Credits **50**

international school counseling certificate

The Post-Baccalaureate Certificate in International Counseling is a joint venture between the Counseling Psychology Program and the College of Education's Office of International Programs at Lehigh University.

Career, academic, cultural transition, and mental health issues have become a main focus in international schools. This certificate

emphasizes counseling in community, school, and family settings within international communities. The certificate program at Lehigh University consists of a concentration of 4 courses (12 credit hours) in the area of International Counseling. **Students must complete the 4 courses over the span of one year.** Typically students sequence courses in following manner: Summer (host country site), Fall (on-line), Spring (on-line), Summer (host country site). However, students may take courses off-sequence to fit their program of study.

| | | |
|----------------------|--|-----------|
| CPSY 436 | Culture-Centered Career Intervention | 3 |
| CPSY 442 | Counseling and Therapeutic Approaches | 3 |
| CPSY 452 | Helping Skills in International Settings | 3 |
| CPSY 453 | International School Counseling I | 3 |
| Total Credits | | 12 |

College Admissions Counseling Certificate

The graduate certificate in College Admissions Counseling provides academic training and professional development for educators and school counselors around the globe who are currently working as, or would like to work as, a secondary high school college counselor. Courses cover developing helping skills, the foundations of university admissions counseling, building healthy school communities, and working with families from diverse backgrounds. Working with international university applicants, third culture kids, and parents is a focus of the program. Approaches are based on empirical models and discuss recent research in the field.

Required Courses:

| | | |
|----------------------|--|-----------|
| CPSY 412 | Introduction to University Admissions Counseling | 3 |
| CPSY 413 | Counseling the Diverse University-Bound Student | 3 |
| CPSY 452 | Helping Skills in International Settings | 3 |
| CPSY 453 | International School Counseling I | 3 |
| Total Credits | | 12 |

College Admissions Mental Health & Education of Latin American People in the U.S.

Latin American people in the US include individuals who identify as Hispanic, Latina/Latino, Latinx, Latine, Latin, Chicano, immigrants from Latin American countries (ex: Mexico, Guatemala, Peru) and Spain, and folks of Latin American descent or heritage who were born in the US or Puerto Rico. The mental health and overall wellbeing of Latin American people in the U.S. is impacted by many social determinants and structural inequalities (ex: discriminatory policies, lack of access to health and psychological services, income inequality, educational inequity). Latin American people in the U.S. may benefit from mental health service providers, health professionals, and educators who are responsive to their structural needs and cultural strengths. This graduate certificate program is designed for current and future professionals seeking to enhance their skills to serve Latin American people in the U.S. The Certificate is grounded in cultural humility, cultural competence, and evidence-based practices that are responsive to social and structural determinants of mental health. Courses in this Certificate aim to promote knowledge, awareness, and skills about community-based structural intervention, identity and culture, the psychology of immigration, effective clinical interventions, and issues in multilingual learner education.

Courses

CPSY 403 Doctoral Qualifying Project Proposal Research & Writing 3 Credits

Designing and writing the doctoral qualifying project proposal. Covers principles of research, data collection, with an emphasis on writing an APA-style proposal. Taken by counseling psychology doctoral students following completion of the research apprenticeship.

CPSY 405 Psychology of Immigration from Latin America 3 Credits

This course is an introduction to the psychological experiences of immigrants in the U.S., with a major focus on immigration from Latin America. Using a critical lens, students in this course analyze the way that current and historical conditions shape immigrants' mental health and overall wellbeing. This course also draws from research and theory to review strategies for working with immigrants, supporting their resilience and success in educational, work, health, mental health, and community settings.

CPSY 407 (SCHP 407) Crisis Management in the Schools 3 Credits

This course is designed to provide students with knowledge and skills related to crisis preparedness and intervention in the schools. Relevant theories and research literature will be explored as well as practical elements of crisis response that are applicable to all school systems. In addition, intervention strategies and protocols will be examined and discussed.

CPSY 412 Introduction to University Admissions Counseling 3 Credits

Develop skills to provide comprehensive university admissions counseling to high school students and their families around the world. Application of best practices and procedures in the US and abroad. Different components of the college application and selection process.

CPSY 413 Counseling the Diverse University-Bound Student 3 Credits

Working with diverse college-bound student populations and counseling for academic and career readiness. Support families of all backgrounds and interests as they prepare for university.

CPSY 427 (SCHP 427) Assessment and Appraisal in Counseling 3 Credits

Principles of psychological measurement (e.g., tests construction, technology, validity, reliability, functional utility). Ethical, legal, and cultural issues in the administration and interpretation of psychological tests. Case conceptualization, reporting and presentation.

CPSY 430 Professional Seminar 3 Credits

Professional, ethical, and legal issues in counseling. Management and delivery of counseling services in a culturally diverse society. Professional development, certification, licensure, and role identification.

CPSY 431 Latino Health 3 Credits

The course is designed to provide a rich understanding of the factors at the individual, health care provider, institution, and policy level that affect Latino health and health seeking-behaviors in the United States. Research in the disciplines of social and behavioral sciences, epidemiology, health promotion, environmental health, minority health and health disparities, and public policy will be reviewed and discussed.

CPSY 433 Access to Effective Clinical Interventions with Latin American People in the U.S. 3 Credits

This course covers evidence-based, culturally responsive mental health and health service interventions for Latin American people in the US. Students will learn about the inclusion of Latin American individuals in clinical studies testing interventions as well as the application of Latin American cultures in various interventions. This course also reviews the application of broad-based, practical culturally-responsive mental health practices across various health settings and by various health professionals. Other topics addressed include mental health stigma and literacy within the population.

CPSY 436 Culture-Centered Career Intervention 3 Credits

Examination of the career development process and interventions for children, adolescents, and adults with a culture-centered perspective. Study of theorists, vocational assessment process, and occupational and psychological information systems.

CPSY 438 School-Based Small-Group Counseling 3 Credits

Introduction to small group counseling in school settings. Selection of group members; group rules; evidence-based practice with children and adolescents; ethical and cultural considerations with groups.

CPSY 439 Theory and Practice of Group Counseling 3 Credits

Introduction to the process of group counseling and therapy. Selection of group members; group rules; group procedures with children, adolescents and adults; ethical considerations with groups. Study of research on group processes, group therapy, and group leadership. Consent of program director required.

CPSY 440 Introduction to Family Counseling 3 Credits

Research and current trends in the practice of family counseling. Overview and analysis of major theoretical approaches of family therapy.

CPSY 442 Counseling and Therapeutic Approaches 3 Credits

Theory, research, and technique of counseling within a cultural context.

CPSY 445 School Counseling I 4 Credits

Overview of the history, philosophy and current trends in school counseling. Emphasis is placed on (a) professional, ethical, and legal issues in counseling; (b) management and delivery of counseling services in a school setting and culturally diverse society; (c) professional development, certification and role identification; (d) collaboration and consultation with teachers, parents, and administrators. Students will be involved in a pre-practicum observation of school counselors in a K-12 setting.

CPSY 448 School Counseling II 3 Credits

Emphasis on the social and cultural context of school counseling. Includes ethical, legal, and cultural issues in the administration and interpretation of psychological tests used in K-12 settings. Focus on a special topic such as school violence or substance abuse prevention, school and community interaction, and the social and cultural context of school counseling, etc. The course will also include observations in schools.

Prerequisites: CPSY 445

CPSY 449 School Counseling III 4 Credits

Theory and methods of consultation; development and implementation of student assistance programs; intra-and inter-agency collaborations. The course will also include observations in schools.

CPSY 451 Helping Skills 3 Credits

Helping Skills is a course designed to provide counselor trainees with didactic and experiential learning opportunities to facilitate and enhance beginning counseling skills. Counselor trainees will begin to develop an understanding of the counselor's role in assisting or inhibiting client change. This course utilizes such techniques as modeling, role-playing, audiotape feedback, as well as other learning modalities. Particular emphasis is given to theoretical frameworks, cultural competency, and self-understanding.

CPSY 452 Helping Skills in International Settings 3 Credits

This course assists counselors in developing proficiency in helping skills and an understanding of the counselor's role in facilitating or inhibiting client change. Focus is on acquiring basic helping and therapeutic skills applicable across cultures using empirically based models.

CPSY 453 International School Counseling I 3 Credits

The objectives of this course are for students to gain knowledge related to constructing school-based prevention programs in international settings. Special focus will be paid to designing healthy school communities, understanding the components of an effective school counseling program, and working with children and adolescent students from third cultures and home countries.

CPSY 455 Advanced Techniques in Counseling 3 Credits

This course introduces students to advanced counseling techniques including risk management and empirically supported treatment (EST) approaches. In addition, students will develop knowledge in treatment planning and outcome evaluation and applying EST in a multi-culturally sensitive manner. The course will utilize readings, discussion, film/video clips and presentations to help therapists-in-training develop the awareness, skills, and confidence needed to manage complex therapeutic processes. Emphasis will be placed on student's professional identity development and the ability to engage in counseling relationships.

Prerequisites: CPSY 451

CPSY 456 International School Counseling II: Trauma & Resilience in Schools 3 Credits

This course is designed to provide counseling trainees with a comprehensive exploration of the psychological trauma field; including the history and current theories in the field, the nature of trauma (e.g., sexual abuse, combat, natural disasters); how trauma and loss affects individuals and systems, grief reactions, and traumatic stress; and the diagnosis and treatment (including evidence-based practices) of trauma in diverse children and adult populations. Students will have the opportunity to exercise leadership, clinical, assessment, and consultation skills.

Prerequisites: CPSY 453

Can be taken Concurrently: CPSY 453

CPSY 457 International School Counseling III: Issues & Practicum 3 Credits

Emphasis is on the social and cultural context of international school counseling. Content includes ethical, legal, and cultural issues in the administration and interpretation of psychological tests used in K-12 settings. The focus is on special topics such as school violence, substance abuse prevention, school and community interaction, and the social and cultural context of school counseling, etc. The course will also include a practicum in schools.

Prerequisites: CPSY 456

CPSY 460 Foundations of Counseling Psychology 3 Credits

Knowledge in the core foundations of Counseling Psychology, including the history of Counseling Psychology, multicultural issues, career and vocational counseling, counseling/psychotherapy process and outcome, ethics, prevention and health promotion, social justice and disaster intervention. Must have admission to the Ph.D. program in counseling psychology or consent of the counseling psychology program director required.

CPSY 461 Assessment of Adult Intellectual Functioning 3 Credits

Administration and interpretation of individual tests/batteries of adult intelligence and neuropsychological functioning. Consideration of psychological and cross-cultural issues in intellectual assessment. Preparation of psychological reports. Consent of instructor required.

Prerequisites: CPSY 427

CPSY 462 Assessment of Personality 3 Credits

Consideration of issues and methods of personality assessment, including ethical and legal issues, and cross-cultural issues. Practice in the administration of instruments used for personality assessment. Supervised experience and report writing. Must have admission to the Ph.D. program in counseling psychology.

Prerequisites: CPSY 427

CPSY 464 Gender and Sexuality 3 Credits

In this course, students are introduced to the psychology of gender and sexuality from a variety of theoretical perspectives (e.g., positivist-empirical, postmodern), with attention to how both quantitative and qualitative methodologies are used to inform knowledge. The course examines the ways in which mainstream psychology is gendered and sexed, as well as how various feminist approaches are used to study issues in psychology. The intersection of race/ethnicity, sexual orientation, and social class are also addressed.

CPSY 465 Addictions: Assessment, Treatment, & Prevention Strategies 3 Credits

Through class discussions, lectures and experiential exercises, as well as guest lecturers, videos, and co-curricular activities, this course explores the issues pertaining to the assessment, treatment, and prevention of addictions with the overall purpose of increasing our scientific and clinical expertise in working with individuals in counseling.

CPSY 466 Current Issues in Counseling and Therapy 1-6 Credits

Examination of an area of counseling or therapy that is of topical interest to students and faculty.

Repeat Status: Course may be repeated.

CPSY 467 Doctoral Seminar In Counseling Psychology 1-6 Credits

Research and writing-intensive seminar on current issues and topics in professional psychology directed to doctoral students in counseling psychology. Permission of CP Training Director.

Repeat Status: Course may be repeated.

CPSY 468 Trauma and Loss 3 Credits

This course aims to train students to address trauma and loss in their clinical work. Topics will include the history and diagnosis of trauma, the neurobiology of trauma, and the trauma experience of survivors of war, disaster, and childhood sexual abuse. Theories and treatment of loss and bereavement are also addressed.

CPSY 470 Independent Study and Research 1-6 Credits

Individual or small group study in the field of counseling. Approved and supervised by the major adviser.

Repeat Status: Course may be repeated.

CPSY 472 Human Development Across the Lifespan 3 Credits

An examination of prevailing theories of human growth and development across the lifespan. Examination of the interactive effect of various age groups upon one another. Particular emphasis on the helping relationships.

CPSY 473 (SCHP 473) Advanced Research Methods in Applied Psychology 3 Credits

For doctoral students in applied psychology. Issues and methods of research design, data collection and data analysis. Advanced discussion of quantitative, qualitative and single-case research design. Admission to the Ph.D. program in counseling psychology or school psychology or permission of the instructor.

CPSY 476 Supervision and Consultation in Counseling 3 Credits

Examination of supervision and consultation theory, research and practice within a multicultural framework. Observation and supervision of counseling practicum students. Consultation in clinical settings. For candidates for supervisor's certificate or doctorate in counseling. Consent of instructor required.

Prerequisites: CPSY 488

CPSY 477 Supervision Apprenticeship 3 Credits

The Supervision Apprenticeship normally follows completion of the supervision course CPSY 476 and ensures a full academic year of supervision experience working with master's level trainees under the supervision of a faculty member. Doctoral standing and permission of training director required.

Repeat Status: Course may be repeated.

Prerequisites: CPSY 476

CPSY 479 Master's Counseling Practicum 3 Credits

Practicum field experience in professional practice settings with accompanying weekly seminar meetings. Minimum of 100 documented hours on site.

CPSY 480 Master's Internship I 3 Credits

Twenty hours of weekly supervised internship training for advanced master's level students in individual, group, and family counseling and therapy.

Repeat Status: Course may be repeated.

Prerequisites: CPSY 457 or CPSY 479

CPSY 481 Advanced Multicultural Counseling 3 Credits

This seminar covers models and theories of multicultural counseling and intervention. Students should be actively engaging in practice with multicultural clients in a practicum or field site, and these cases will form part of the basis of course discussions. Must have admission to the doctoral program in counseling psychology. Consent of counseling psychology program director required.

Prerequisites: CPSY 471 or EDUC 471

CPSY 482 Practicum in University Teaching: Counseling Psychology 1-4 Credits

Mentored and guided co-teaching focused on the design, organization, pedagogy and assessment of university courses in Counseling Psychology. Students in this course will work with a faculty member to apply best practices in university teaching with feedback while co-teaching students in a course in the College of Education. Students taking the course must meet the college standards for participation and be approved by the program director and department chair.

Repeat Status: Course may be repeated.

CPSY 483 Master's Internship II 3 Credits

Twenty hours of weekly supervised professional practice in a school or agency setting as an extension of CPSY 480 Master's Internship I. Onsite supervision, audio and/or video recordings and case presentations required. Consent of counseling psychology clinical coordinator required.

Prerequisites: CPSY 480

CPSY 484 (SCHP 484) History and Systems of Psychology 3 Credits

This doctoral level course is designed as an overview of the history of psychology in the Western world. The historical approaches to this task will include a historical developmental approach to the origins and changes of ideas over time, the study of great persons and schools of thought, and a look at the Zeitgeist of each. This course will examine the nature of psychology as a whole, and the influence of philosophical worldviews in areas such as epistemology, ontology, teleology, and axiology. Part of this study regards the nature of science, and its power and limitations as applied to the understanding of human beings.

CPSY 485 Advanced Psychopathology 3 Credits

This class will cover etiology, assessment, interviewing techniques, establishing a therapeutic alliance, and treatment planning in adult mental disorders. In depth coverage will be given to Axis II disorders. The diagnosis and classification of abnormal behavior using DSM-IV-R medical model will be emphasized. Alternate theories of abnormal psychology will also be discussed.

CPSY 486 Family Counseling Clinic 3-6 Credits

Supervised practicum training for advanced graduate students in family counseling and therapy. Techniques and methods of conducting family counseling and therapy.

Prerequisites: CPSY 480 and CPSY 440

CPSY 487 Advanced Doctoral Practicum I 3 Credits

Supervised clinical experience for entry-level doctoral students with emphasis on the development of intake skills, assessment procedures and intervention skills. Audio and video recording, individual and group supervision. Must have admission to the doctoral program in counseling psychology. Consent of the counseling psychology practicum coordinator required.

CPSY 488 Advanced Doctoral Practicum II 3 Credits

Supervised clinical experience with emphasis on advanced skills in interpretation, case conceptualization from a theoretical perspective, termination and referral, and in the broad array of professional activities normally conducted by a counseling psychologist. Audio and video recording, individual and group supervision. Consent of counseling psychology practicum coordinator required.

Prerequisites: CPSY 487

CPSY 489 Advanced Doctoral Practicum III 1 Credit

Supervised field experience in counseling and therapeutic settings for doctoral students with specific populations. In consultation with on-site supervisor, the student will develop an area of focus for this practicum that will include therapy experience, training and additional assessment skills as needed. Consent of counseling psychology practicum coordinator required.

Repeat Status: Course may be repeated.

Prerequisites: CPSY 488

CPSY 491 Advanced Doctoral Practicum IV 1 Credit

Supervised field experience in counseling and therapeutic settings for doctoral students with specific populations. In consultation with on-site supervisor, the student will develop an area of focus for this practicum that will include therapy experience, training and additional assessment skills as needed. Consent of counseling psychology practicum coordinator required.

Repeat Status: Course may be repeated.

Prerequisites: CPSY 489

CPSY 492 Advanced Field Placement 1-3 Credits

Students perform counseling in university and community agencies under the supervision of the Ph.D. psychologists at the field placement. Open only to students in counseling psychology. Consent of counseling psychology practicum coordinator required.

Repeat Status: Course may be repeated.

CPSY 498 Counseling Psychology Doctoral Internship 1 Credit

A one year full-time or two year half-time supervised internship in professional psychology. Student functions as regular staff member. Regular contact with academic advisor required in addition to end-of-semester evaluation by the internship site and the student. Consent of program director required.

Repeat Status: Course may be repeated.

Prerequisites: CPSY 491

CPSY 499 Dissertation 1-15 Credits

Repeat Status: Course may be repeated.