Counseling Psychology (CPSY)

Courses

CPSY 403 Doctoral Qualifying Project Proposal Research & Writing 3 Credits
Designing and writing the doctoral qualifying project proposal. Covers principles of research, data collection, with an emphasis on writing an APA-style proposal. Taken by counseling psychology doctoral students following completion of the research apprenticeship.

CPSY 405 Psychology of Immigration from Latin America 3 Credits
This course is an introduction to the psychological experiences of immigrants in the U.S., with a major focus on immigration from Latin America. Using a critical lens, students in this course analyze the way that current and historical conditions shape immigrants' mental health and overall wellbeing. This course also draws from research and theory to review strategies for working with immigrants, supporting their resilience and success in educational, work, health, mental health, and community settings.

CPSY 407 (SCHP 407) Crisis Management in the Schools 3 Credits
This course is designed to provide students with knowledge and skills related to crisis preparedness and intervention in the schools. Relevant theories and research literature will be explored as well as practical elements of crisis response that are applicable to all school systems. In addition, intervention strategies and protocols will be examined and discussed.

CPSY 412 Introduction to University Admissions Counseling 3 Credits
Develop skills to provide comprehensive university admissions counseling to high school students and their families around the world. Application of best practices and procedures in the US and abroad. Different components of the college application and selection process.

CPSY 413 Counseling the Diverse University-Bound Student 3 Credits
Working with diverse college-bound student populations and counseling for academic and career readiness. Support families of all backgrounds and interests as they prepare for university.

CPSY 427 Assessment and Appraisal in Counseling 3 Credits
Principles of psychological measurement (e.g., tests construction, technology, validity, reliability, functional utility). Ethical, legal, and cultural issues in the administration and interpretation of psychological tests. Case conceptualization, reporting and presentation.

CPSY 430 Professional Seminar 3 Credits
Professional, ethical, and legal issues in counseling. Management and delivery of counseling services in a culturally diverse society. Professional development, certification, licensure, and role identification.

CPSY 431 Latino Health 3 Credits
The course is designed to provide a rich understanding of the factors at the individual, health care provider, institution, and policy level that affect Latino health and health seeking-behaviors in the United States. Research in the disciplines of social and behavioral sciences, epidemiology, health promotion, environmental health, minority health and health disparities, and public policy will be reviewed and discussed.

CPSY 433 Access to Effective Clinical Interventions with Latin American People in the U.S. 3 Credits
This course covers evidence-based, culturally responsive mental health and health service interventions for Latin American people in the US. Students will learn about the inclusion of Latin American individuals in clinical studies testing interventions as well as the application of Latin American cultures in various interventions. This course also reviews the application of broad-based, practical culturally-responsive mental health practices across various health settings and by various health professionals. Other topics addressed include mental health stigma and literacy within the population.

CPSY 436 Culture-Centered Career Intervention 3 Credits
Examination of the career development process and interventions for children, adolescents, and adults with a culture-centered perspective. Study of theorists, vocational assessment process, and occupational and psychological information systems.

CPSY 438 School-Based Small-Group Counseling 3 Credits
Introduction to small group counseling in school settings. Selection of group members; group rules; evidence-based practice with children and adolescents; ethical and cultural considerations with groups.

CPSY 439 Theory and Practice of Group Counseling 3 Credits
Introduction to the process of group counseling and therapy. Selection of group members; group rules; group procedures with children, adolescents and adults; ethical considerations with groups. Study of research on group processes, group therapy, and group leadership. Consent of program director required.

CPSY 440 Introduction to Family Counseling 3 Credits
Research and current trends in the practice of family counseling. Overview and analysis of major theoretical approaches of family therapy.

CPSY 442 Counseling and Therapeutic Approaches 3 Credits
Theory, research, and technique of counseling within a cultural context.

CPSY 445 School Counseling I 4 Credits
Overview of the history, philosophy and current trends in school counseling. Emphasis is placed on (a) professional, ethical, and legal issues in counseling; (b) management and delivery of counseling services in a school setting and culturally diverse society; (c) professional development, certification and role identification; (d) collaboration and consultation with teachers, parents, and administrators. Students will be involved in a pre-practicum observation of school counselors in a K-12 setting.

CPSY 448 School Counseling II 3 Credits
Emphasis on the social and cultural context of school counseling. Includes ethical, legal, and cultural issues in the administration and interpretation of psychological tests used in K-12 settings. Focus on a special topic such as school violence or substance abuse prevention, school and community interaction, and the social and cultural context of school counseling, etc. The course will also include observations in schools.
Prerequisites: CPSY 445

CPSY 449 School Counseling III 4 Credits
Theory and methods of consultation; development and implementation of student assistance programs; intra-and inter-agency collaborations. The course will also include observations in schools.

CPSY 451 Helping Skills 3 Credits
Helping Skills is a course designed to provide counselor trainees with didactic and experiential learning opportunities to facilitate and enhance beginning counseling skills. Counselor trainees will begin to develop an understanding of the counselor's role in assisting or inhibiting client change. This course utilizes such techniques as modeling, role-playing, audiotape feedback, as well as other learning modalities. Particular emphasis is given to theoretical frameworks, cultural competency, and self-understanding.

CPSY 452 Helping Skills in International Settings 3 Credits
This course assists counselors in developing proficiency in helping skills and an understanding of the counselor's role in facilitating or inhibiting client change. Focus is on acquiring basic helping and therapeutic skills applicable across cultures using empirically based models.

CPSY 453 International School Counseling I 3 Credits
The objectives of this course are for students to gain knowledge related to constructing school-based prevention programs in international settings. Special focus will be paid to designing healthy school communities, understanding the components of an effective school counseling program, and working with children and adolescent students from third cultures and home countries.

CPSY 455 Advanced Techniques in Counseling 3 Credits
This course introduces students to advanced counseling techniques including risk management and evidence-based practice of psychology (EBPP). In addition, students will develop knowledge in treatment planning and outcome evaluation, and apply EBPP with cultural humility. The course will utilize readings, discussion, film/video clips and presentations to help therapists-in-training develop the awareness, skills, and confidence needed to manage complex therapeutic processes.
Prerequisites: CPSY 451

CPSY 456 International School Counseling II: Trauma & Resilience in Schools 3 Credits
This course is designed to provide counseling trainees with a comprehensive exploration of the psychological trauma field; including the history and current theories in the field, the nature of trauma (e.g., sexual abuse, combat, natural disasters); how trauma and loss affects individuals and systems, grief reactions, and traumatic stress; and the diagnosis and treatment (including evidence-based practices) of trauma in diverse children and adult populations. Students will have the opportunity to exercise leadership, clinical, assessment, and consultation skills.
Prerequisites: CPSY 453
Can be taken Concurrently: CPSY 453

CPSY 457 International School Counseling III: Issues & Practicum 3 Credits
Emphasis is on the social and cultural context of international school counseling. Content includes ethical, legal, and cultural issues in the administration and interpretation of psychological tests used in K-12 settings. The focus is on special topics such as school violence, substance abuse prevention, school and community interaction, and the social and cultural context of school counseling, etc. The course will also include a practicum in schools.
Prerequisites: CPSY 456

CPSY 460 Foundations of Counseling Psychology 3 Credits
Knowledge in the core foundations of Counseling Psychology, including the history of Counseling Psychology, multicultural issues, career and vocational counseling, counseling/psychotherapy process and outcome, ethics, prevention and health promotion, social justice and disaster intervention. Must have admission to the Ph.D. program in counseling psychology or consent of the counseling psychology program director required.

CPSY 461 Assessment of Adult Intellectual Functioning 3 Credits
Administration and interpretation of individual tests/batteries of adult intelligence and neuropsychological functioning. Consideration of psychological and cross-cultural issues in intellectual assessment. Preparation of psychological reports. Consent of instructor required.
Prerequisites: CPSY 427

CPSY 462 Assessment of Personality 3 Credits
Consideration of issues and methods of personality assessment, including ethical and legal issues, and cross-cultural issues. Practice in the administration of instruments used for personality assessment. Supervised experience and report writing. Must have admission to the Ph.D. program in counseling psychology.
Prerequisites: CPSY 427

CPSY 464 Gender and Sexuality 3 Credits
In this course, students are introduced to the psychology of gender and sexuality from a variety of theoretical perspectives (e.g., positivist-empirical, postmodern), with attention to how both quantitative and qualitative methodologies are used to inform knowledge. The course examines the ways in which mainstream psychology is gendered and sexed, as well as how various feminist approaches are used to study issues in psychology. The intersection of race/ethnicity, sexual orientation, and social class are also addressed.

CPSY 465 Addictions: Assessment, Treatment, & Prevention Strategies 3 Credits
Through class discussions, lectures and experiential exercises, as well as guest lecturers, videos, and co-curricular activities, this course explores the issues pertaining to the assessment, treatment, and prevention of addictions with the overall purpose of increasing our scientific and clinical expertise in working with individuals in counseling.

CPSY 466 Current Issues in Counseling and Therapy 1-6 Credits
Examination of an area of counseling or therapy that is of topical interest to students and faculty.
Repeat Status: Course may be repeated.

CPSY 467 Doctoral Seminar In Counseling Psychology 1-6 Credits
Research and writing-intensive seminar on current issues and topics in professional psychology directed to doctoral students in counseling psychology. Permission of CP Training Director.
Repeat Status: Course may be repeated.

CPSY 468 Trauma and Loss 3 Credits
This course aims to train students to address trauma and loss in their clinical work. Topics will include the history and diagnosis of trauma, the neurobiology of trauma, and the trauma experience of survivors of war, disaster, and childhood sexual abuse. Theories and treatment of loss and bereavement are also addressed.

CPSY 470 Independent Study and Research 1-6 Credits
Individual or small group study in the field of counseling. Approved and supervised by the major adviser.
Repeat Status: Course may be repeated.

CPSY 472 Human Development Across the Lifespan 3 Credits
An examination of prevailing theories of human growth and development across the lifespan. Examination of the interactive effect of various age groups upon one another. Particular emphasis on the helping relationships.

CPSY 473 Advanced Research Methods in Applied Psychology 3 Credits
Issues and methods of research design, data collection and data analysis. Advanced discussion of quantitative and qualitative research. Focus on producing dissertation proposal. Admission to the Ph.D. program in counseling psychology or permission of the instructor required.

CPSY 475 Bases of Clinical Supervision 3 Credits
This graduate-level course introduces the foundations of clinical supervision in mental health counseling. Students will explore theoretical models, skills, ethics, research, and multicultural considerations as they develop their own personal supervision philosophy.

CPSY 476 Supervision and Consultation in Counseling 3 Credits
Examination of supervision and consultation theory, research and practice within a multicultural framework. Observation and supervision of counseling practicum students. Consultation in clinical settings. For candidates for supervisor's certificate or doctorate in counseling. Consent of instructor required.
Prerequisites: CPSY 488

CPSY 477 Supervision Apprenticeship 3 Credits
The Supervision Apprenticeship normally follows completion of the supervision course CPSY 476 and ensures a full academic year of supervision experience working with master's level trainees under the supervision of a faculty member. Doctoral standing and permission of training director required.
Repeat Status: Course may be repeated.
Prerequisites: CPSY 476

CPSY 479 Master's Counseling Practicum 3 Credits
Practicum field experience in professional practice settings with accompanying weekly seminar meetings. Minimum of 100 documented hours on site.

CPSY 480 Master's Internship I 3 Credits
Twenty hours of weekly supervised internship training for advanced master's level students in individual, group, and family counseling and therapy.
Repeat Status: Course may be repeated.
Prerequisites: CPSY 457 or CPSY 479

CPSY 481 Advanced Multicultural Counseling 3 Credits
This seminar covers models and theories of multicultural counseling and intervention. Students should be actively engaging in practice with multicultural clients in a practicum or field site, and these cases will form part of the basis of course discussions. Must have admission to the doctoral program in counseling psychology. Consent of counseling psychology program director required.
Prerequisites: CPSY 471 or EDUC 471

CPSY 482 Practicum in University Teaching: Counseling Psychology 1-4 Credits
Mentored and guided co-teaching focused on the design, organization, pedagogy and assessment of university courses in Counseling Psychology. Students in this course will work with a faculty member to apply best practices in university teaching with feedback while co-teaching students in a course in the College of Education. Students taking the course must meet the college standards for participation and be approved by the program director and department chair.
Repeat Status: Course may be repeated.

CPSY 483 Master's Internship II 3 Credits
Twenty hours of weekly supervised professional practice in a school or agency setting as an extension of CPSY 480 Master's Internship I. Onsite supervision, audio and/or video recordings and case presentations required. Consent of counseling psychology clinical coordinator required.
Prerequisites: CPSY 480

CPSY 484 (SCHP 484) History and Systems of Psychology 3 Credits
This doctoral level course is designed as an overview of the history of psychology in the Western world. The historical approaches to this task will include a historical developmental approach to the origins and changes of ideas over time, the study of great persons and schools of thought, and a look at the Zeitgeist of each. This course will examine the nature of psychology as a whole, and the influence of philosophical worldviews in areas such as epistemology, ontology, teleology, and axiology. Part of this study regards the nature of science, and its power and limitations as applied to the understanding of human beings.

CPSY 485 Advanced Psychopathology 3 Credits
This class will cover etiology, assessment, interviewing techniques, establishing a therapeutic alliance, and treatment planning in adult mental disorders. The diagnosis and classification of abnormal behavior by leading health organizations will be emphasized. Alternate theories of abnormal psychology will also be discussed.
Prerequisites: CPSY 480

CPSY 486 Family Counseling Clinic 3-6 Credits
Supervised practicum training for advanced graduate students in family counseling and therapy. Techniques and methods of conducting family counseling and therapy.
Prerequisites: CPSY 480 and CPSY 440

CPSY 487 Advanced Doctoral Practicum I 3 Credits
Supervised clinical experience for entry-level doctoral students with emphasis on the development of intake skills, assessment procedures and intervention skills. Audio and video recording, individual and group supervision. Must have admission to the doctoral program in counseling psychology. Consent of the counseling psychology practicum coordinator required.

CPSY 488 Advanced Doctoral Practicum II 3 Credits
Supervised clinical experience with emphasis on advanced skills in interpretation, case conceptualization from a theoretical perspective, termination and referral, and in the broad array of professional activities normally conducted by a counseling psychologist. Audio and video recording, individual and group supervision. Consent of counseling psychology practicum coordinator required.
Prerequisites: CPSY 487

CPSY 489 Advanced Doctoral Practicum III 1 Credit
Supervised field experience in counseling and therapeutic settings for doctoral students with specific populations. In consultation with on-site supervisor, the student will develop an area of focus for this practicum that will include therapy experience, training and additional assessment skills as needed. Consent of counseling psychology practicum coordinator required.
Repeat Status: Course may be repeated.
Prerequisites: CPSY 488

CPSY 491 Advanced Doctoral Practicum IV 1 Credit
Supervised field experience in counseling and therapeutic settings for doctoral students with specific populations. In consultation with on-site supervisor, the student will develop an area of focus for this practicum that will include therapy experience, training and additional assessment skills as needed. Consent of counseling psychology practicum coordinator required.
Repeat Status: Course may be repeated.
Prerequisites: CPSY 489

CPSY 492 Advanced Field Placement 1-3 Credits
Students perform counseling in university and community agencies under the supervision of the Ph.D. psychologists at the field placement. Open only to students in counseling psychology. Consent of counseling psychology practicum coordinator required.
Repeat Status: Course may be repeated.

CPSY 498 Counseling Psychology Doctoral Internship 1 Credit
A one year full-time or two year half-time supervised internship in professional psychology. Student functions as regular staff member. Regular contact with academic advisor required in addition to end-of-semester evaluation by the internship site and the student. Consent of program director required.
Repeat Status: Course may be repeated.
Prerequisites: CPSY 491

CPSY 499 Dissertation 1-15 Credits
Repeat Status: Course may be repeated.