Resources for Students

The Student Affairs division is dedicated to fostering student success by providing a balanced, rich and integrated living and learning environment. Virtually every student enrolled is touched by Student Affairs, beginning with orientation through the Office of First-Year Experience, and continuing through programs devoted to leadership development, community service, residential life, activities, academic support, a vibrant campus life and diversity and inclusion programs. Students are supported through the Health and Wellness Center and Counseling and Psychological Services which collectively work to ensure a safe and healthy living environment. I encourage you to visit our departmental websites to learn more about each of these areas.

To learn more about all the resources for students Lehigh University please view the following:

- Student Handbook Resources http://studentaffairs.lehigh.edu/content/university-resources
- Student Affairs http://studentaffairs.lehigh.edu/
- Dean of Students http://studentaffairs.lehigh.edu/dos
- Counseling and Psychological Services http://studentaffairs.lehigh.edu/counseling
- Health and Wellness Center http://studentaffairs.lehigh.edu/health
- Lehigh University Police Department http://studentaffairs.lehigh.edu/police

**DISABILITY SUPPORT SERVICES**

In accordance with the federal legislation, specifically Section 504 of the Rehabilitation Act of 1973 and the recently amended Americans with Disabilities Act (2008), Lehigh University is committed to ensuring equal access to students who are substantially limited by a disability. Services for students with a documented disability who are in need of academic support services are coordinated by the Dean of Students Office (610-758-4152). Services for students with physical disabilities who require assistance with nonacademic needs are coordinated by the Dean of Students Office, in conjunction with Facilities Services. Students requesting accommodations must present the University with current and comprehensive documentation. For more information refer to our website at: http://studentaffairs.lehigh.edu/disabilities

**HEALTH & WELLNESS CENTER**

The university offers health services to all students at the Health and Wellness Center in Johnson Hall. Clinicians including physicians and nurse practitioners see patients by appointment Monday to Friday. A registered nurse is present to see patients on Saturday 10:00 a.m. to 2 p.m. with a provider always on call. Saturday clinics are for urgent issues only. During breaks and summers, hours are shortened.

Nurses and providers treat a variety of illnesses and injuries. Gynecologic care is available, and allergy injections can be administered. Some laboratory studies can be done at the Health Center; students are referred to local facilities for X-rays. Patients are referred to local medical and surgical specialists when indicated. More seriously ill students are sent to a local hospital Emergency Department.

Incoming students must comply with immunization requirements. There is no charge for most of the care provided to students. Exceptions include referrals to physicians, labs, hospitals or other medical facilities outside the student Health and Wellness Center. A low-cost university-sponsored insurance plan is available, which complements the services of the Health Center. Families are urged to review existing insurance coverage and to consider purchasing the university sponsored plan if they are not adequately covered. Students should carry their insurance cards with them and know which lab they can utilize to facilitate outside lab testing.

For more information, please consult our web page at www.lehigh.edu/health.

**Counseling and Psychological Service**

The University Counseling and Psychological Service, at 610-758-3880, is located on the fourth floor of Johnson Hall. The office is open from 8:00 - 5:00, Monday through Friday with reception service available from 8:15am to 4:45pm. Most services are free of charge. Counselors are available for 24-hour emergency consultations (see Crisis Intervention below).

1. **Philosophy & Mission**

   The University Counseling and Psychological Service (UCPS) is dedicated to the belief that a person's college years are a time of challenge, inquiry, experimentation, productivity and change. Services are designed to help students not only manage crises, but to thrive in meaningful ways . . . to grow in self-understanding in order to make more satisfying and better use of their personal and interpersonal resources. Individual contacts, group therapy, faculty and staff consultation, and numerous outreach activities are some of the primary means by which the mission is accomplished. UCPS staff members are committed to providing assistance to all registered Lehigh students interested in personal, social, and academic growth and discovery, and to serving the larger campus community through consultation, teaching, research, and various other types of involvement.

2. **Direct Services**

   To accomplish its mission, and while upholding the established state and APA (American Psychological Association) ethical principles and code of conduct for psychologists, the UCPS provides a variety of services to the Lehigh University community including:
   - Crisis Intervention Services
   - Group and Individual Psychotherapy
   - Peak Performance
   - Outreach Programming
   - Assessment and Evaluation
   - Consultation Services
   - Training
   - Advocacy

More information can be found at: http://studentaffairs.lehigh.edu/counseling

**Career Services**

One function of a college education is to foster the growth and development of the student to prepare for a meaningful and satisfying life after college. Lehigh provides career planning services for undergraduate and graduate students as an integral part of the career development process. Career planning can best be described as an educational process through which students

1. identify and develop their abilities, aptitudes, and interests;
2. learn the relationship between their capabilities and interests, their university experiences, and professional opportunities outside the university; and
3. prepare for those opportunities.

The office is open throughout the year. The main phone number is (610)-758-3710 and the website is www.lehigh.edu/careerservices.

**OFFICE OF FELLOWSHIP ADVISING**

The Office of Fellowship Advising (OFA) assists Lehigh students who are applying for competitive national fellowships and scholarships. It publicizes opportunities, oversees the selection of candidates for awards that require university nomination and, with the assistance of fellowship advisors, guides students through the frequently complicated application procedures.

The OFA web-site (https://ofa.lehigh.edu/) contains a searchable database of a wide variety of fellowships and scholarships for students research. The database includes links to the foundations' official sites, deadlines, and a general descriptions. Other resources and information on the application process are provided on the website as well.

Students who are interested in applying for awards and faculty members working with motivated, well-qualified students are
encouraged to contact OFA director, Dr. Jennifer Jensen at ofa@lehigh.edu.