## Counseling Psychology (CPSY)

### Courses

#### CPSY 407 (SCHP 407) Crisis Management in the Schools 3 Credits

This course is designed to provide students with knowledge and skills related to crisis preparedness and intervention in the schools. Relevant theories and research literature will be explored as well as practical elements of crisis response that are applicable to all school systems. In addition, intervention strategies and protocols will be examined and discussed.

#### CPSY 427 (SCHP 427) Assessment and Appraisal in Counseling 3 Credits

Principles of psychological measurement (e.g., tests construction, technology, validity, reliability, functional utility). Ethical, legal, and cultural issues in the administration and interpretation of psychological tests. Case conceptualization, reporting, and presentation.

#### CPSY 430 Professional Seminar 3 Credits

Professional, ethical, and legal issues in counseling. Management and delivery of counseling services in a culturally diverse society. Professional development, certification, licensure, and role identification.

#### CPSY 436 Culture-Centered Career Intervention 3 Credits

Examination of the career development process and interventions for children, adolescents, and adults with a culture-centered perspective. Study of theorists, vocational assessment process, and occupational and psychological information systems.

#### CPSY 439 Theory and Practice of Group Counseling 3 Credits

Introduction to the process of group counseling and therapy. Selection of group members; group rules; group procedures with children, adolescents and adults; ethical considerations with groups. Study of research on group processes, group therapy, and group leadership. Consent of program director required.

#### CPSY 440 Introduction to Family Counseling 3 Credits

Research and current trends in the practice of family counseling. Overview and analysis of major theoretical approaches of family therapy.

#### CPSY 442 Counseling and Therapeutic Approaches 3 Credits

Theory, research, and technique of counseling within a cultural context. Must have admission to CPSY master’s program or consent of counseling psychology program director.

#### CPSY 445 School Counseling I 4 Credits

Overview of the history, philosophy and current trends in school counseling. Emphasis is placed on (a) professional, ethical, and legal issues in counseling; (b) management and delivery of counseling services in a school setting and culturally diverse society; (c) professional development, certification and role identification; (d) collaboration and consultation with teachers, parents, and administrators. Students will be involved in a pre-practicum observation of school counselors in a K-12 setting.

#### CPSY 447 School Counseling II 3 Credits

Emphasis on the social and cultural context of school counseling. Includes ethical, legal, and cultural issues in the administration and interpretation of psychological tests used in K-12 settings. Focus on a special topic such as school violence or substance abuse prevention, school and community interaction, and the social and cultural context of school counseling, etc. The course will also include observations in schools.

#### CPSY 448 School Counseling III 4 Credits

Theory and methods of consultation; development and implementation of student assistance programs; intra-and inter-agency collaborations. The course will also include observations in schools.

#### CPSY 451 Helping Skills 3 Credits

Helping Skills is a course designed to provide counselor trainees with didactic and experiential learning opportunities to facilitate and enhance beginning counseling skills. Counselor trainees will begin to develop an understanding of the counselor’s role in assisting or inhibiting client change. This course utilizes such techniques as modeling, role-playing, audiotape feedback, as well as other learning modalities. Particular emphasis is given to theoretical frameworks, cultural competency, and self-understanding.

#### CPSY 452 Counseling Issues and Skills: Facilitating Healthy Adjustment 3 Credits

This course assists counselors in developing proficiency in helping skills and an understanding of the counselor’s role in facilitating or inhibiting client change. Focus is on gaining knowledge related to mental health issues for third culture children and adolescents that include (a) cultural adjustment, (b) eating disorders, (c) depression and suicidality, (d) substance abuse, (e) anxiety, (f) family dysfunction, and (h) career development.

#### CPSY 453 Counseling Issues and Skills: Building Healthy Communities 3 Credits

The objectives of this course are for students to develop proficiency in counseling skills and gaining knowledge related to constructing prevention programs for children and adolescents that include (a) substance abuse, (b) sexually transmitted disease and teen pregnancy, (c) eating disorders, (d) violence prevention, and (e) resiliency and competency promotion programs. Special focus will be paid to understanding the components of an effective crisis management plan.

#### CPSY 455 Counseling Issues and Skills: Advanced Techniques in Counseling 3 Credits

The objectives of this course are to help students expand knowledge of traditional counseling theories and facilitate the development of basic counseling and assessment skills. Specifically, the course is designed to: (1) Enhance students’ understanding of the intersection of characteristics of effective helping, stages of the helping relationship, and the uses of counseling techniques; (2) Expand students’ understanding of the difference between foundational skills, commonly used helping skills and techniques that require specialized training; and (3) Provide students with training experiences that expand conceptual understanding of the counseling process from a multicultural perspective (i.e., from initial intake interviews to integrating assessment information to formulating and carrying out intervention plans to termination).

#### CPSY 460 Foundations of Counseling Psychology 3 Credits

Knowledge in the core foundations of Counseling Psychology, including the history of Counseling Psychology, multicultural issues, career and vocational counseling, counseling/psychotherapy process and outcome, ethics, prevention and health promotion, social justice and disaster intervention. Must have admission to the Ph.D. program in counseling psychology or consent of the counseling psychology program director required.

#### CPSY 461 Assessment of Adult Intellectual Functioning 3 Credits

Administration and interpretation of individual tests/batteries of adult intelligence and neuropsychological functioning. Consideration of psychological and cross-cultural issues in intellectual assessment. Preparation of psychological reports. Consent of instructor required. 
Prerequisites: CPSY 427

#### CPSY 462 Assessment of Personality 3 Credits

Consideration of issues and methods of personality assessment, including ethical and legal issues, and cross-cultural issues. Practice in the administration of instruments used for personality assessment. Supervised experience and report writing. Must have admission to the Ph.D. program in counseling psychology. 
Prerequisites: CPSY 427

#### CPSY 466 Current Issues in Counseling and Therapy 1-6 Credits

Examination of an area of counseling or therapy that is of topical interest to students and faculty. 
Repeat Status: Course may be repeated.
CPSY 467 Doctoral Seminar In Counseling Psychology 1-6 Credits
Research and writing-intensive seminar on current issues and topics in professional psychology directed to doctoral students in counseling psychology. Permission of CP Training Director.
Repeat Status: Course may be repeated.

CPSY 470 Independent Study and Research 1-6 Credits
Individual or small group study in the field of counseling. Approved and supervised by the major adviser.
Repeat Status: Course may be repeated.

CPSY 471 (EDUC 471) Diversity and Multicultural Perspectives 3 Credits
Examination of the influence of culture, gender, and disabilities on behavior and attitudes. Historical and current perspectives on race, culture, gender, and Lehigh minority group issues in education and psychology. Lecture/small group discussion. is restricted to graduate students in the College of Education only.

CPSY 472 Human Development Across the Lifespan 3 Credits
An examination of prevailing theories of human growth and development across the lifespan. Examination of the interactive effect of various age groups upon one another. Particular emphasis on the helping relationships.

CPSY 473 (SCHP 473) Advanced Research Methods in Applied Psychology 3 Credits
For doctoral students in applied psychology. Issues and methods of research design, data collection and data analysis. Advanced discussion of quantitative, qualitative and single-case research design. Admission to the Ph.D. program in counseling psychology or school psychology or permission of the instructor.

CPSY 476 Supervision and Consultation in Counseling 3 Credits
Examination of supervision and consultation theory, research and practice within a multicultural framework. Observation and supervision of counseling practicum students. Consultation in clinical settings. For candidates for supervisor's certificate or doctorate in counseling. Consent of instructor required.
Prerequisites: CPSY 488

CPSY 477 Supervision Apprenticeship 3 Credits
The Supervision Apprenticeship normally follows completion of the supervision course CPSY 476 and ensures a full academic year of supervision experience working with master's level trainees under the supervision of a faculty member. Doctoral standing and permission of training director required.
Repeat Status: Course may be repeated.

CPSY 479 Master's Counseling Practicum 1-3 Credits
CPSY 479 Master's Counseling Practicum 3 Credits Practicum field experience in professional practice settings with accompanying seminar meetings. Minimum of 100 documented hours on site.

CPSY 480 Master's Internship I 3 Credits
Twenty hours of weekly supervised practicum training for advanced graduate students in individual, group, and family counseling and therapy.
Repeat Status: Course may be repeated.
Prerequisites: CPSY 442 or CPSY 451 or CPSY 479

CPSY 481 Advanced Multicultural Counseling 3 Credits
This seminar covers models and theories of multicultural counseling and intervention. Students should be actively engaging in practice with multicultural clients in a practicum or field site, and these cases will form part of the basis of course discussions. Must have admission to the doctoral program in counseling psychology. Consent of counseling psychology program director required.
Prerequisites: CPSY 471

CPSY 482 Practicum in University Teaching: Counseling Psychology 1-4 Credits
Mentored and guided co-teaching focused on the design, organization, pedagogy and assessment of university courses in Counseling Psychology. Students in this course will work with a faculty member to apply best practices in university teaching with feedback while co-teaching students in a course in the College of Education. Students taking the course must meet the college standards for participation and be approved by the program director and department chair.
Repeat Status: Course may be repeated.

CPSY 483 Master's Internship II 3-6 Credits
Twenty hours of weekly supervised professional practice in a school or agency setting as an extension of CPSY 480, Practicum. Onsite supervision, audio and/or video recordings and case presentations required. Consent of counseling psychology practicum coordinator required.
Prerequisites: CPSY 480

CPSY 484 (SCHP 484) History and Systems of Psychology 3 Credits
This doctoral level course is designed as an overview of the history of psychology in the Western world. The historical approaches to this task will include a historical developmental approach to the origins and changes of ideas over time, the study of great persons and schools of thought, and a look at the Zeitgeist of each. This course will examine the nature of psychology as a whole, and the influence of philosophical worldviews in areas such as epistemology, ontology, teleology, and axiology. Part of this study regards the nature of science, and its power and limitations as applied to the understanding of human beings.

CPSY 485 Advanced Psychopathology 3 Credits
This class will cover etiology, assessment, interviewing techniques, establishing a therapeutic alliance, and treatment planning in adult mental disorders. In depth coverage will be given to Axis II disorders. The diagnosis and classification of abnormal behavior using DSM-IV-R medical model will be emphasized. Alternate theories of abnormal psychology will also be discussed.

CPSY 486 Family Counseling Clinic 3-6 Credits
Supervised practicum training for advanced graduate students in family counseling and therapy. Techniques and methods of conducting family counseling and therapy.
Prerequisites: CPSY 480 and CPSY 440

CPSY 487 Advanced Doctoral Practicum I 3 Credits
Supervised clinical experience for entry-level doctoral students with emphasis on the development of intake skills, assessment procedures and intervention skills. Audio and video recording, individual and group supervision. Must have admission to the doctoral program in counseling psychology. Consent of the counseling psychology practicum coordinator required.

CPSY 488 Advanced Doctoral Practicum II 3 Credits
Supervised clinical experience with emphasis on advanced skills in interpretation, case conceptualization from a theoretical perspective, termination and referral, and in the broad array of professional activities normally conducted by a counseling psychologist. Audio and video recording, individual and group supervision. Consent of counseling psychology practicum coordinator required.
Prerequisites: CPSY 487

CPSY 489 Advanced Doctoral Practicum III 1 Credit
Supervised field experience in counseling and therapeutic settings for doctoral students with specific populations. In consultation with on-site supervisor, the student will develop an area of focus for this practicum that will include therapy experience, training and additional assessment skills as needed. Consent of counseling psychology practicum coordinator required.
Repeat Status: Course may be repeated.
Prerequisites: CPSY 488
CPSY 491 Advanced Doctoral Practicum IV 1 Credit
Supervised field experience in counseling and therapeutic settings for doctoral students with specific populations. In consultation with on-site supervisor, the student will develop an area of focus for this practicum that will include therapy experience, training and additional assessment skills as needed. Consent of counseling psychology practicum coordinator required.
Repeat Status: Course may be repeated.
Prerequisites: CPSY 489

CPSY 492 Advanced Field Placement 1-3 Credits
Students perform counseling in university and community agencies under the supervision of the Ph.D. psychologists at the field placement. Open only to students in counseling psychology. Consent of counseling psychology practicum coordinator required.
Repeat Status: Course may be repeated.
Prerequisites: CPSY 491

CPSY 498 Counseling Psychology Doctoral Internship 1 Credit
A one year full-time or two year half-time supervised internship in professional psychology. Student functions as regular staff member. Regular contact with academic advisor required in addition to end-of-semester evaluation by the internship site and the student. Consent of program director required.
Repeat Status: Course may be repeated.
Prerequisites: CPSY 491

CPSY 499 Dissertation 1-15 Credits
Repeat Status: Course may be repeated.